

ACFAS 2023 Meet the Fellow Questionnaire



American College of
Foot and Ankle Surgeons®

Fellow Name:

Olga Drogomiretskiy

Fellowship Program:

Virginia Mason Franciscan Health Sports Medicine Fellowship

City/State:

Seattle/WA

Program Director:

Eric Heit

How many Attendings do you work with regularly?

3

Eric Heit, Mark Reeves and Matt Williams

Describe the diversity of your cases so far in fellowship. (For example, has your experience included TAR? Is there an emphasis on: Pediatrics? Sports Medicine? Deformity correction? Complex reconstruction? What percentage of your cases are trauma? Rearfoot/ankle? Forefoot? Please be as descriptive as you'd like.

Cases 50% rearfoot/ankle and 50% forefoot cases. Focus is sports medicine, trauma with some reconstruction and TAR cases. Patient population for cases are professional athletes, college high school athletes, weekend warriors, active people in community.

How many days per week do you typically spend in the OR? In clinic? Do you have your own "fellow" clinic?

I spend three times a week in clinic 8am to 5 pm seeing my own patients and all post-op patients. Two days a week I have surgeries with Dr Heit and with Dr Williams.



How many surgical cases do you typically scrub per month?

30-35 cases

What conferences have you attended/are you encouraged to attend?

ACFAS, SLESS, IFAF meetings in Seattle, ACFAS complication course in Seattle.

Several courses through reps. It's encouraged to attend conferences/learning opportunities.

How would you describe your director's teaching style?

My director encourages discussion and learning opportunities both in OR and clinic. Very approachable.

How is research incorporated into your experience? What resources are provided/available?

Research through hospital available with resources

Do you take any "call"? If so, how often? What type of call? (general vs. trauma, hospital vs. private practice?)

Call every 5 weeks for 1 week. Call includes trauma and infection cases.

How many hospitals/surgery centers are you credentialed at?

one

What is your didactic schedule like? What academic opportunities are available to you during fellowship? (Cadaver labs, journal club, radiology conference, etc.)

Pre-op conference with director once weekly. Radiology rounds, academics Thursdays with Swedish residency.

Is your fellowship affiliated with a residency program? If yes, what are your responsibilities? How often are you interacting with residents (What % of cases?)

I do not work with residents much. Mostly just shared academics.



Are you able to collect cases for board certification?

no

When should interested applicants visit? What does a visit look like?

Any time is encouraged

Candidate shadows Dr Heit, Dr Reeves and Fellow in clinic.

What is the interview process like at your program?

Candidate is interviewed during visit. Case discussions, social questions during the visit.

Do you have a co-fellow? What percentage of your cases are scrubbed with them?

no

What support is available for finding post-fellowship employment?

through director and networking

What qualities make an applicant a good fit for your program?

Hardworking, self-sufficient, enjoys learning and asking questions.

Why did you apply for fellowship? And why did you choose your fellowship program?

I wanted an additional year of training specific to sports medicine injuries and how to treat athletes. I went to a high surgical volume residency program with low volume clinic so this was important to me.

Any advice for future fellowship applicants?

Visit places, ask questions from past fellows. Pick a place you may consider sticking around after fellowship as that location will provide you with networking opportunities.

