

## **Statement of Interest for Secretary/Treasurer for the American College of Foot and Ankle Surgeons - Southeast Region**

As a dedicated member of the American College of Foot and Ankle Surgeons (ACFAS) and a passionate advocate for advancing the field of foot and ankle surgery, I am honored to express my interest in the position of Secretary/Treasurer for the Southeast Region.

The mission of the ACFAS Southeast Region aligns seamlessly with my professional ethos and aspirations. I am deeply committed to the pursuit of excellence in patient care, education, research, and upholding the highest professional standards. Throughout my career, I have strived to contribute meaningfully to the enhancement of foot and ankle surgical practices, always with a focus on improving patient outcomes and promoting the welfare of our community.

I recognize the pivotal role that the Secretary/Treasurer plays in ensuring the effective functioning and financial integrity of our region. With a meticulous attention to detail and a firm grasp of financial management principles, I am well-equipped to fulfill the responsibilities associated with this role. I am prepared to diligently keep the books of the region, provide vigilant oversight of our funds, and compile comprehensive financial reports to the Region Presidents Council Finance Committee. Furthermore, I am eager to collaborate with fellow leaders to guide the strategic direction of our region and foster a culture of excellence and innovation.

In addition to my proficiency in financial management, I bring a wealth of leadership experience and a collaborative spirit to the table. I have a proven track record of working effectively within teams, fostering open communication, and driving consensus towards common goals. I am committed to serving as a dedicated advocate for our members, representing their interests with integrity and enthusiasm.

In summary, I am deeply invested in the mission of the ACFAS Southeast Region and am eager to contribute my skills, experience, and passion to the role of Secretary/Treasurer. I am confident that, together with our esteemed colleagues, we can continue to advance the field of foot and ankle surgery and uphold the highest standards of patient care and professional excellence. Thank you for considering my candidacy.

Regards,

Garrett Nguyen, DPM, AACFAS

# Garrett B. Nguyen, DPM, AACFAS

West Palm Beach, FL 33407

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## EDUCATION AND POSTDOCTORAL TRAINING

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<b>Paley Orthopedic and Spine Institute</b> 07/2023 – Present	• Fellowship-Trained Reconstructive Foot and Ankle Surgeon	West Palm Beach, FL
<b>Paley Orthopedic and Spine Institute</b> 08/2022 – 07/2023	• Fellow, Foot and Ankle Deformity Correction Fellowship	West Palm Beach, FL
<b>AdventHealth East Orlando</b> 2019 – 2022	• Chief Resident, Podiatric Medicine and Surgery Residency with Reconstructive Rearfoot/Ankle Surgery (1603 cases, 2740 procedures)	Orlando, FL
<b>Midwestern University</b> 2015 – 2019	• Doctor of Podiatric Medicine	Glendale, AZ
<b>Florida State University</b> 2009 – 2013	• Bachelor of Science in Biological Sciences, Minor in Chemistry	Tallahassee, FL
<b>University of Central Florida</b> 2007 – 2008	• Major in Microbiology and Molecular Biology	Orlando, FL

## PUBLICATIONS, POSTERS, AND PRESENTATIONS

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<b>Accepted, pending revision</b> Pending publication	• Sebag JA, Reeves CL, Shane AM, <u>Nguyen GB</u> “Leiomyosarcoma: A Case Report of a Rare Pedal Soft Tissue Mass Malignancy” JFAS-20-134	
<b>In Progress</b> Pending publication	• <u>Nguyen GB, Lamm BM</u> et al. “Effects of Mechanical Axis Deviation of the Lower Extremity on the Tibiotalar Joint: A Predictor for End-Stage Ankle Osteoarthritis ”	
<b>In Progress</b> Pending publication	• <u>Nguyen GB, Lamm BM</u> et al. “Functional and Radiographic Outcomes Utilizing a Minimally Invasive Intramedullary Technique for the Treatment of Hallux Abductovalgus”	
<b>In Progress</b> Pending publication	• <u>Nguyen GB, Lamm BM</u> et al. “Lateral Distal Tibial Angle: Comparing Erect Leg and Anterior-Posterior Ankle Radiographs for the use in Lower-Limb Deformity Correction”	
<b>In Progress</b> Pending publication	• Reeves CL, Shane AM, <u>Nguyen GB</u> et al. “Reduction of Calcaneal Fractures with External Fixator Assistance Compared to Sinus Tarsi and Lateral Extensile Incisions: A Retrospective Study” IRBNet #1607951-2	
<b>In Progress</b> Pending publication	• Reeves CL, <u>Nguyen GB</u> et al. “Capture Rate of the Proximal and Distal Aspects of the Achilles Tendon When Performing an Achilles Tendon Repair Utilizing a Percutaneous Approach: A Cadaveric Study”	
<b>Clinic in Podiatric Medicine and Surgery</b> 04/2023	• Shane AM, Reeves CL, <u>Nguyen GB</u> , et al. “Soft Tissue Pathology.” <i>Clinics in Podiatric Medicine and Surgery – Arthroscopy of the Foot and Ankle</i> , vol. 40, no. 3, 28 Apr. 2023, pp. 381-395, <a href="https://doi.org/10.1016/j.cpm.2023.02.003">https://doi.org/10.1016/j.cpm.2023.02.003</a>	
<b>2023 ACFAS Scientific Conference – Manuscript Presentation</b> 02/2023	• <u>Nguyen GB</u> . “Functional and Radiographic Outcomes Utilizing a Minimally Invasive Intramedullary Technique for the Treatment of Hallux Abductovalgus”	Los Angeles, CA
<b>2023 ACFAS Scientific Conference – Manuscript Presentation</b> 02/2023	• <u>Nguyen GB</u> . “Lateral Distal Tibial Angle: Comparing Erect Leg and Anterior-Posterior Ankle Radiographs for the use in Lower-Limb Deformity Correction”	Los Angeles, CA

<p><b>FPMA Science and Management Symposium – Podium Presentation</b> 02/2022</p>	<ul style="list-style-type: none"> <li>• <a href="#">Nguyen GB</a>. “Management and Reconstruction of Complex Post-Traumatic Segmental Bone Defects Utilizing Distraction Osteogenesis”</li> </ul>	<p>Orlando, FL</p>
<p><b>FPMA Science and Management Symposium - Poster Exhibit</b> 02/2023 (3<sup>rd</sup> Place)</p>	<ul style="list-style-type: none"> <li>• Calaj PM, Ivey J, <a href="#">Nguyen GB</a>, Childs DM, Reeves CL, Shane AM. “Ankle Osteochondroma. A Case Report”</li> </ul>	<p>Orlando, FL</p>
<p><b>FPMA Science and Management Symposium - Poster Exhibit</b> 02/2023</p>	<ul style="list-style-type: none"> <li>• Calaj PM, Hammock K, <a href="#">Nguyen GB</a>, Conte JA, Reeves CL, Shane AM. “Delayed Primary Closure of Compartment Syndrome with Continous External Tissue Expander. A Case Report”</li> </ul>	<p>Orlando, FL</p>
<p><b>2022 ACFAS Scientific Conference – Poster Exhibit</b> 02/2022</p>	<ul style="list-style-type: none"> <li>• <a href="#">Nguyen GB</a>, Calaj PM, Pereira RJ. “Tibiocalcaneal Arthrodesis Utilizing a Vascularized Fibular Graft for Complex Limb Deformity Correction: A Comprehensive Orthoplastic Approach”</li> </ul>	<p>Austin, TX</p>
<p><b>2022 ACFAS Scientific Conference – Poster Exhibit</b> 02/2022</p>	<ul style="list-style-type: none"> <li>• <a href="#">Nguyen GB</a>, Calaj PM, Cavins ZA. “Tibiocalcaneal Distraction Arthrodesis Utilizing Patient Specific 3-Dimensional Printed Titanium Spherical Implant with Talonavicular Joint Articulation for Complex Talar Avascular Necrosis”</li> </ul>	<p>Austin, TX</p>
<p><b>FPMA Science and Management Symposium – Poster Exhibit (2<sup>nd</sup> place)</b> 01/2022</p>	<ul style="list-style-type: none"> <li>• Reeves CL, <a href="#">Nguyen GB</a> et al. “Capture Rate of the Proximal and Distal Aspects of the Achilles Tendon When Performing an Achilles Tendon Repair Utilizing a Percutaneous Approach: A Cadaveric Study”</li> </ul>	<p>Orlando, FL</p>
<p><b>FPMA Science and Management Symposium – Resident Case Presentation Competition</b> 01/2022</p>	<ul style="list-style-type: none"> <li>• <a href="#">Nguyen GB</a>. “Total Hindfoot Reconstruction Utilizing Patient Specific Instrumentation and 3-dimensional Printed Titanium Implant with Intramedullary Tibial Component for Salvage of Failed Tibiotalocalcaneal Arthrodesis”</li> </ul>	<p>Orlando, FL</p>
<p><b>Foot &amp; Ankle Surgery: Techniques, Reports, &amp; Cases</b> 04/2021</p>	<ul style="list-style-type: none"> <li>• Togher CJ, <a href="#">Nguyen GB</a>, Pascarella E. “Surgical Treatment of a Navicular Osteochondral Lesion using Microionized Cartilage Matrix: A Case report.” <i>Foot and Ankle Surgery: Techniques, Reports, and Cases</i>, vol. 1, 2021, p. 100006, <a href="https://doi.org/10.1016/j.fastrc.2021.100006">https://doi.org/10.1016/j.fastrc.2021.100006</a></li> </ul>	
<p><b>2021 ACFAS Scientific Conference – Poster Exhibit</b> 05/2021</p>	<ul style="list-style-type: none"> <li>• <a href="#">Nguyen GB</a>, Pereira RF. “Targeted Sensory Re-innervation of a Reverse Sural Artery Fasciocutaneous Flap: A Comprehensive Orthoplastic Approach”</li> </ul>	<p>Las Vegas, NV</p>
<p><b>2021 ACFAS Scientific Conference – Poster Exhibit</b> 05/2021</p>	<ul style="list-style-type: none"> <li>• <a href="#">Nguyen GB</a>, Reeves CL, Shane AM, et al. “Reduction of Calcaneal Fractures with External Fixator Assistance Compared to Sinus Tarsi and Lateral Extensile Incisions: A Retrospective Study”</li> </ul>	<p>Las Vegas, NV</p>
<p><b>2021 ACFAS Scientific Conference – Poster Exhibit</b> 05/2021</p>	<ul style="list-style-type: none"> <li>• Togher CJ, <a href="#">Nguyen GB</a>, Pascarella E. “Surgical Treatment of a Navicular Osteochondral Lesion using Microionized Cartilage Matrix: A Case report”</li> </ul>	<p>Las Vegas, NV</p>
<p><b>FPMA Science and Management Symposium - Poster Exhibit (1<sup>st</sup> place)</b> 01/2021</p>	<ul style="list-style-type: none"> <li>• Togher CJ, Reeves CL, Shane AM, <a href="#">Nguyen GB</a> et al. “Incidence of Talar Osteochondral Lesions after Ankle Fractures: A Retrospective Analysis”</li> </ul>	<p>Orlando, FL</p>
<p><b>FPMA Science and Management Symposium – Resident Case Presentation Competition</b> 01/2021</p>	<ul style="list-style-type: none"> <li>• <a href="#">Nguyen GB</a>. “Distraction Osteogenesis Utilizing a Double Tibial Corticotomy Approach”</li> </ul>	<p>Orlando, FL</p>
<p><b>Clinic in Podiatric Medicine and Surgery</b> 05/2020</p>	<ul style="list-style-type: none"> <li>• Shane AM, Reeves CL, <a href="#">Nguyen GB</a>, et al. “Revision Surgery for the Achilles Tendon.” <i>Clinics in Podiatric Medicine and Surgery</i>, vol. 37, no. 3, 12 May 2020, pp. 553-568, <a href="https://doi.org/10.1016/j.cpm.2020.03.005">https://doi.org/10.1016/j.cpm.2020.03.005</a>.</li> </ul>	

<b>Hallux Magazine</b> 04/2020	<ul style="list-style-type: none"> <li>● <u>Nguyen GB</u>, “The Residents”</li> </ul>	
<b>Desert Foot Conference</b> 12/02/2017	<ul style="list-style-type: none"> <li>● <u>Nguyen GB</u>, Cady J, Poulson H, Ellis MB. “Cutaneous manifestation of invasive aspergillosis in the course of limb salvage”</li> </ul>	Phoenix, AZ
<b>Phoenix VA Hospital</b> 01/2018	<ul style="list-style-type: none"> <li>● Jaminelli BL, <u>Nguyen GB</u>, Frykberg RG. “Minimally invasive distal lesser metatarsal metaphyseal osteotomy for the treatment of recalcitrant plantar ulcerations in diabetic, neuropathic patients”</li> </ul>	Phoenix, AZ
<b>Irvan O. Kanat, D.P.M.</b> <b>Diabetic Foot Care Research</b> <b>Scholarship</b> 01/25/2018	<ul style="list-style-type: none"> <li>● Frykberg RG, Jensen J, <u>Nguyen GB</u>. “Clinical practice guidelines and protocols for the treatment of diabetic charcot neuropathic osteoarthropathy: a comprehensive systematic anatomic approach”</li> </ul>	Glendale, AZ
<b>Earl G Kaplan, D.P.M.</b> <b>Surgical Research</b> <b>Scholarship</b> 01/25/2018	<ul style="list-style-type: none"> <li>● <u>Nguyen GB</u>, Lerch RJ, Smith SL, Banzon RR. “Titanium induced foreign body giant cell reaction following a pantalar arthrodesis and lateral calcaneal slide osteotomy”</li> </ul>	Glendale, AZ
<b>William F. Todd, D.P.M.</b> <b>Biomechanics / Sports</b> <b>Medicine Research</b> <b>Scholarship</b> 01/25/2018	<ul style="list-style-type: none"> <li>● Alvarez M, Greenblatt M, Jiroux C, Melara S, <u>Nguyen GB</u>. “The efficacy of dextrose prolotherapy injections for the treatment of chronic recalcitrant plantar fasciitis: a randomized, placebo-controlled, double-blind clinical trial”</li> </ul>	Glendale, AZ

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## LEADERSHIP

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<b>Palm Beach County Podiatric Medical Association</b> 2024 – Present	<ul style="list-style-type: none"> <li>● <b>Board Member - Editor</b></li> </ul>	
<b>Florida Podiatric Medical Association</b> 2023 – Present	<ul style="list-style-type: none"> <li>● <b>Membership Committee</b></li> </ul>	
<b>American College of Foot and Ankle Surgeons</b> 2022 – Present	<ul style="list-style-type: none"> <li>● <b>Scientific Literature Review Committee - Editor</b></li> </ul>	
<b>Foot &amp; Ankle Surgery: Techniques, Reports, &amp; Cases</b> 2022 – Present	<ul style="list-style-type: none"> <li>● <b>Peer Reviewer</b></li> </ul>	
<b>AdventHealth East Orlando - Podiatric Medicine and Surgery Residency</b> 2020 – 2022	<ul style="list-style-type: none"> <li>● <b>Resident Research Chair</b></li> <li>● Organized, conducted, and executed research proposals and projects to become published and/or presented in various conferences/journals</li> </ul>	Orlando, FL
<b>American College of Foot &amp; Ankle Orthopedics &amp; Medicine</b> 2016 – 2017	<ul style="list-style-type: none"> <li>● <b>President</b></li> <li>● Created teaching workshops for our members which included: tapping and padding, ultrasound guided injections, local anesthetic injections, and other skills used in sports medicine</li> </ul>	Glendale, AZ
<b>American College of Foot &amp; Ankle Surgeons</b> 2016 – 2017	<ul style="list-style-type: none"> <li>● <b>Vice President</b></li> <li>● Co-delegated executive tasks, organized workshops, and spear headed our research team for the 2017 ACFAS Scientific Conference</li> </ul>	Glendale, AZ
<b>Introduction to Podiatric Surgery Course</b> 2016 – 2017	<ul style="list-style-type: none"> <li>● <b>Teaching Assistant</b></li> <li>● Assisted the professor in teaching students surgical techniques, hand ties, and suturing</li> </ul>	Glendale, AZ

<b>Lodestar Day Resource Center</b> 2016 – 2017	<ul style="list-style-type: none"> <li>● <b>Clinic Coordinator</b></li> <li>● Organized and operated our homeless student clinic by scheduling students each quarter</li> </ul>	Phoenix, AZ
<b>Justa Center</b> 2016 – 2017	<ul style="list-style-type: none"> <li>● <b>Clinic Coordinator</b></li> <li>● Organized and operated our homeless student clinic by scheduling students each quarter</li> </ul>	Phoenix, AZ
<b>Arizona School of Podiatric Medicine</b> 2015 – 2016	<ul style="list-style-type: none"> <li>● <b>Ambassador for Interviews</b></li> <li>● Guided interviewing students through the process by touring them around Midwestern University and answered their questions and concerns</li> </ul>	Glendale, AZ
<b>Aspiring Medical Professionals</b> 2010 – 2012	<ul style="list-style-type: none"> <li>● <b>President / Co-Founder</b></li> <li>● Created an avenue for academic, professional, and social activities to the students taking Pre-Medical Professional coursework at The Florida State University</li> </ul>	Tallahassee, FL
<b>Noles for Haiti</b> 2010 – 2011	<ul style="list-style-type: none"> <li>● <b>Inaugural Co-Director of Fundraising / Campaign Committee</b></li> <li>● Helped spearhead the fundraising and campaign division that acted as an umbrella program to unify all current and future Florida State University agencies, RSOs, and organizations that have endeavors to raise money, awareness, and supplies to the devastated country of Haiti</li> </ul>	Tallahassee, FL

## CONFERENCES AND ADDITIONAL TRAINING

- Paragon28 – Trainwreck Customs Course  
*(Englewood, CO – June 2024)*
- Arthrex – Innovations in Foot & Ankle Surgery  
*(Boynton Beach, FL – October 2023)*
- Paragon28 – Total Ankle Clinical Concepts Course  
*(Englewood, CO – June 2023)*
- Arthrex – Foot & Ankle Surgeons Fellowship Forum  
*(Naples, FL – April 2023)*
- Arthrex – Minimally Invasive Surgery Course  
*(Naples, FL – April 2023)*
- Lower Extremity IEP – Residents, Fellows, Young Surgeons’ Course  
*(Atlanta, GA – April 2023)*
- IBRA – Management of Severe Trauma and Deformities in Foot and Ankle Surgery  
*(Miami, FL – March 2023)*
- Extremity Medical – Charcot Foot Reconstruction: Beaming and Plating Techniques  
*(Miami, FL – October 2022)*
- J&J – Foot & Ankle Masters Course – Crossroads Extremity First Ray Experience  
*(Dallas, TX – October 2022)*
- Paragon28 – Podiatric Foot and Ankle Fellows Course  
*(Englewood, CO – September 2022)*
- IBRA – Advanced/Fellow Course: Management of Arthritis, Trauma, and Deformity in Foot & Ankle Surgery  
*(Boston, MA – June 2022)*
- DJO – Foot & Ankle Pre-Fellows Course  
*(Dallas, TX – June 2022)*
- Orthofix – Podiatric Resident Course  
*(Fort Worth, TX – May 2022)*
- Stryker – Podiatric Resident Course  
*(New Orleans, LA – April 2022)*
- Vilex – Flaps and External Fixation Course  
*(Salt Lake City, UT – April 2022)*
- Arthrex – Lower Extremity Workshop  
*(Naples, FL – April 2022)*
- Lower Extremity IEP – Residents, Fellows, Young Surgeons’ Course  
*(Tampa, FL – April 2022)*
- Vilex – Hintermann Total Ankle Replacement  
*(Salt Lake City, UT – March 2022)*
- Stryker – New Innovations in Total Ankle Replacement Surgery Workshop  
*(Austin, TX – February 2022)*
- Paragon 28 – FNA Solutions Course  
*(Miami, FL – January 2022)*
- Treace Medical – Lapiplasty Master’s Symposium  
*(Orlando, FL – January 2022)*
- Zimmer Biomet – Lower Extremity Cadaveric Lab  
*(Orlando, FL – October 2021)*
- S.E.A.L – External Fixation Course  
*(Miami, FL – July 2021)*
- ACFAS Foot and Ankle Arthroscopy Surgical Skills Course  
*(Rosemont, IL – April 2021)*
- Chicago Lower Extremity Surgical Symposium  
*(Virtual – April 2021)*
- ConMed – Arthroscopic and Lower Extremity Course  
*(Largo, FL – March 2021)*
- CrossRoads – Minimally Invasive Bunion & Dynabunion 4D Lapidus Certification  
*(Orlando, FL – March 2021)*
- Paragon 28 – Ankle and TTC Arthrodesis Course  
*(Virtual – March 2021)*
- Paragon 28– Podiatric FOCUS Surgical Course  
*(Virtual – February 2021)*
- Orthofix – Fundamentals of Foot and Ankle Reconstruction  
*(Virtual – February 2021)*
- Treace Medical – Lapiplasty Master’s Symposium  
*(Orlando, FL – January 2021)*
- Palm Beach County Podiatric Medical Association – Toes in the Sand Conference  
*(Boca Raton, FL – 2022)*
- Florida Podiatric Medical Association – Summer Conference  
*(Orlando, FL – 2024, 2023, 2022, 2021, 2020)*
- Florida Podiatric Medical Association’s Science & Management Symposium  
*(Bonita Springs, FL – 2023)*
- American College of Foot and Ankle Surgeons Annual Scientific Conference  
*(2024, 2023, 2022, 2021, 2019, 2018, 2017)*
- Desert Foot Conference  
*(Phoenix, AZ – 2018, 2017)*

## **AWARDS AND HONORS**

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- 2023 FPMA Science and Management Symposium Poster Exhibit Competition (3<sup>rd</sup> Place)
- 2022 FPMA Science and Management Symposium Poster Exhibit Competition (2<sup>nd</sup> Place)
- 2021 FPMA Science and Management Symposium Poster Exhibit Competition (1<sup>st</sup> Place)
- 2019 Ken Suarez, PhD Award for Research Excellence Recipient
- 2018 Seward P. Nyman, DPM, Memorial Scholarship Recipient
- 2017 ACFAS Student Division Scholarship Recipient
- 2017 ACFAS Scientific Conference Student Exhibit Competition (2<sup>nd</sup> place)
- Top 5 in the Annual AZPOD “Suture-Off” Championship
- Pi Delta National Honor Society Candidate
- 2016 College of Health Sciences Winter Travel Scholarship Recipient
- Florida Bright Futures Academic Scholarship Recipient
- National Science and Mathematics Access to Retain Talent Scholarship Recipient
- National Society of Collegiate Scholars
- Golden Key International Honor Society

## **BOARD EXAMS**

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- APMLE Part 1 – 07/11/2017 (PASS)
- APMLE CSPE – 11/03/2018 (PASS)
- APMLE Part 2 – 12/10/2018 (PASS)
- APMLE Part 3 – 06/02/2022 (PASS)
- American Board of Foot and Ankle Surgery – Foot Surgery (Board Qualified)
- American Board of Foot and Ankle Surgery – Reconstructive Rearfoot and Ankle Surgery (Board Qualified)

## **MEDICAL LICENSURE**

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- Florida – License  
(05/17/24 – 03/31/26)

## **CERTIFICATION**

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- Advanced Cardiac Life Support
- Basic Life Support Provider
- OHSA
- HIPPA

## **HOBBIES, INTERESTS, AND ACTIVITIES**

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- Weightlifting / Exercise Science / Nutrition
- Hiking / Backpacking / Camping
- Fishing
- Golfing

## **REFERENCES**

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- Available Upon Request