

ACFAS Journal Club Makes a Hit Return

ACFAS Virtual Journal Clubs is back! The monthly series is designed to teach the A to Zs of research and is open to all students, residents and podiatric surgeons in-training. Each session is recorded and available for playback later for ACFAS Student Club Members and ACFAS Resident Members. Elizabeth Ansert, DPM, MBA, MA, resident representative to the ACFAS Research Committee, has been serving as moderator for the new clubs along with fellow committee member, Peter Crisologo, DPM, AACFAS. Dr. Ansert expresses the journal clubs “are a great tool to evaluate and expand on current literature within the field for residents and physicians of any level.”

Having a familiarity with current research and trends is important for all foot and ankle surgeons, but especially for students and residents as they are learning the ins and outs of the profession. Ansert acknowledges, “the goal of our profession is to practice evidence-based medicine and

research is a cornerstone of this goal. It’s important to our patients and the field. Even if it’s not your calling to participate in research, reading it is still important.” Plus, for residents like Dr. Ansert, research can help facilitate discussions with attendings during a case.

But, learning about research is not just for residents. When she was a student, Dr. Ansert recalled finding scholarly articles particularly helpful. “It can allow you to bring up new concepts or add to a discussion and show you are prepared for your cases. Attending a Journal Club gives structure to a sometimes chaotic schedule through a deadline to read, and it can be very beneficial when so many things are going on.” Being motivated and taking an interest in research can help boost your education at any level.

The ACFAS Virtual Journal Club sessions take place on the third Thursday of the

month, unless otherwise specified. Each meeting reviews up to three scholarly articles. Check out the College’s 2021 Journal Club line up and register at acfas.org/JournalClub.



Elizabeth Ansert, DPM, MBA, MA, resident representative to the ACFAS Research Committee

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ACFAS Student Clubs Go Virtual

Each year, students look forward to their annual visit and guest lecture from members of the American College of Foot and Ankle Surgeons (ACFAS) and the American Board of Foot and Ankle Surgery (ABFAS). But during a pandemic, how do you keep the sharing of important information possible? Virtually, of course!

The clubs made the best of it and appreciated the ongoing support from their professional peers.



Karissa Badillo
(Class of 2022)
ACFAS Student
Club President
at the Barry
University School
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Alexandra Brown
(Class of 2022)
ACFAS Student
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Kayla Weber
(Class of 2022)
ACFAS Student
Club President
at the Arizona
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School

“Despite the current circumstances, the ACFAS/ABFAS (virtual) board visit at BUSPM was a success,” reports Karissa Badillo. Students were already accustomed to having meetings and lectures online, so the transition wasn’t insurmountable. Virtual or not, “I believe it’s extremely important to have board liaisons lecture yearly for our members, as it is a great opportunity for the students to ask questions regarding board qualifications and opportunities within the College,” Badillo added.

Alexandra Brown and her fellow club members found ways to use the virtual atmosphere to their advantage. “We also opened our club meeting to the NYCPM Chapter as well, which was a great experience,” she added. Activities like this can lead the way for new initiatives and collaboration to become the norm in the future.

The students at the Arizona Podiatric Medicine School, like others, found new and interesting ways to keep their clubs active. For example, some clubs have still been able to mail suturing kits to club members for remote workshops or host virtual giveaways of club merchandise, which would normally be done in person. “The students and the club long for the days of in-person workshops utilizing bone saws and working on skin flaps or suturing; however, until then, the club makes the best of every learning possibility that comes their way,” reported Kayla Weber.

Take Part in the Welcome Home Celebration at ACFAS 2021 in Las Vegas!



We’re ready to get back to normal and what better way than to head to Las Vegas to safely celebrate ACFAS 2021! Registration opens in February, so mark your calendars to secure your spot to join us in Las Vegas May 18-21 for more cutting-edge clinical sessions, new HUB topics, more award-winning research, scientific posters, the annual job fair, hands-on surgical workshops and more!

Watch your email, [acfas.org/LasVegas](https://www.acfas.org/LasVegas) and ACFAS publications for more information on ACFAS 2021 so you don’t miss any of the action.



**ACFAS 2021
Keynote Speaker:
ZDoggMD**

Stanford Health physician, stand-up comedian, social media influencer and founder of Turntable Health will deliver the ACFAS 2021 Opening Session Keynote. Through song, humor and storytelling, Zubin Damania, MD, will dive into the challenges of delivering compassionate healthcare in our severely dysfunctional medical system. While proposing collaborative ways to revitalize it, he’ll also explore how we might work individually and collectively to transform the current system and ensure the future of medicine is a bright one.